

# KNOW YOURSELF AND KNOW OTHERS

# MYERS BRIGGS WORKSHOP

Wednesday, November 6 from 2:00-5:00pm  
Jesuit School of Theology, Cardoner Room

## Presenter

Clare Ronzani, Lecturer in Christian Spirituality, JST Career Advisor.

## Event Description

The Myers-Briggs Type Indicator (MBTI) is a self-report instrument that helps us to understand our personality preferences. Based on the work of Swiss psychologist Carl Jung, it provides a positive approach for understanding and valuing individual differences. This workshop will provide a basic interpretation of the MBTI, focusing on our giftedness and areas of potential growth. Time allowing, styles of leadership and implications regarding spirituality will be introduced. Each participant is asked to take the MBTI questionnaire before the workshop so that individual scores can be provided. (If you have already taken the MBTI and can provide your scores, there is no need to take it again unless you choose to.)

## RSVP

**Please register with Mary Beth Lamb, melamb@scu.edu by Friday, October 25 and pick up the questionnaire from her office, Room 107. Questionnaires will need to be returned by Monday, October 29.**

## PERSONALITY TYPES KEY

**E**

### Extroverts

Extroverts are energized by people, enjoy a variety of tasks, a quick pace, and are good at multitasking.

**S**

### Sensors

Sensors are realistic people who like to focus on the facts and details. They apply common sense and past experience to find practical solutions to problems.

**T**

### Thinkers

Thinkers tend to make their decisions using logical analysis, objectively weigh pros and cons, and value honesty, consistency, and fairness.

**J**

### Judgers

Judgers tend to be organized and prepared, like to make and stick to plans, and are comfortable following most rules.

**I**

### Introverts

Introverts often like working alone or in small groups, prefer a more deliberate pace, and like to focus on one task at a time.

**N**

### Intuitives

Intuitives prefer to focus on possibilities and the big picture, easily see patterns, value innovation, and seek creative solutions to problems.

**F**

### Feelers

Feelers tend to be sensitive and cooperative, and decide based on their own personal values and how others will be affected by their actions.

**P**

### Perceivers

Perceivers prefer to keep their options open, like to be able to act spontaneously, and like to be flexible with making plans.